

There’s a new young adults corner on the St George’s kidney patient association website! It would be great if anyone had any suggestions of things to add, or wanted to write anything to go up there!

<http://www.sgkpa.org.uk/main/young-adults-corner>

[](http://www.transplantsport.org.uk/)

Introduction to the new young adult worker

Hello all, I believe most of you will have already heard that a young adult worker was due to start in the renal department. So now that I am here I wanted to introduce myself!

My names Marie-Louise and my role is to support young people between the ages of 16-29 who are currently under St George’s renal department.

I’m here to provide lots of different things including a one-to-one service, where I can offer support with practical issues that might be worrying you. I am also here to talk about any other concerns you might have. Another key part of my role is to facilitate and encourage peer support and to run social activities, which I know some of you have expressed an interest in!

Young adult Social!

I am very keen to get as many of you together as I can to do something fun! I am planning on throwing a social event so that you can all come along and meet each other. I think it would be a great opportunity to meet other young adults and hopefully to encourage some further opportunities for peer support, but also a great way for me to meet some more of you! So I hope as many of you will come along as possible.

I would like it if you guys could be involved in planning the event so please would you **email your suggestions** for what you think might be a fun thing for us to do. We could go to a café or we could go bowling or some other type of activity... whatever we want to do really. There will be lots more opportunities for us to have more events so whatever suggestions you guys make I will add them to a list and hopefully at some point we can do them. Of course I will have to apply for funding from somewhere so nothing too crazy!

It would also be great if you guys would email in and tell me what time suits you best:

A**) A weekday B) evening in the week C) weekend day D) weekend evening**

So you can put a face to the name... this is me! Feel free to say hi if you see me about ☺



Upcoming Events

**Ravenstor Weekend Away – Peak District**When = **September 2015** Cost = **FREE**

An opportunity to have a FREE weekend away in the peak district, with other young people from across the country. There will be a wide range of fun activities and workshops relevant to young people. Unfortunately there is a limit to the number of people each young adult worker can bring.. I think I have about 8 spaces so please let me know if you’re interested in coming ASAP as the places are limited! And of course feel free to ask if you have any questions!

Transplant Games!

**UK = Newcastle - 30th July - 2nd August.**

**World= Mar del Plata, Argentina - 3rd - 30th August.**

These sporting events aim to demonstrate the physical success of transplant surgery and to raise awareness of the need to increase organ donation.

Athletes of all levels compete and many come just to enjoy taking part at their own pace and welcome the opportunity to meet with other transplant recipients in a fun and friendly atmosphere. If you would be interested in competing in either please let me know and we can see if there’s time to try and make a team!

If you would like to contact me I am based in the renal department at St George’s hospital.

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