

April 2017

Contact details:

If you would like to contact me I am based in the renal department at St George's hospital.

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Young adult activity weekend

Ilam Hall – Peak District 2017

22nd to 25th September

If you're 18–30 and have had a kidney transplant or have a chronic kidney condition or are on dialysis you can come and enjoy an action packed **FREE** weekend at **Ilam Hall Youth Hostel**. Ilam Hall is an impressive country house in the heart of the Peak District.

- Meet other young adults from across the UK.
- Enjoy the wide range of activities that are on offer, including walking, arts and crafts, orienteering, rock climbing, bush craft, team challenges, karaoke, music, interesting workshops and lots of fun socialising.
- Weekend suitable for young adults with disabilities.*
- Staffed by experienced kidney nurses and youth workers.



"Awesome weekend away, met some great people and now have some epic memories. Can't wait for the next one."

How do I book my place?

To book or for more information email Kidney Care UK at info@kidneycareuk.org, write on the [young@NKF](https://www.facebook.com/young@NKF) Facebook page or contact the Young Adult Worker at your unit:

Marie-Louise Turner (Renal Young Adult Worker)
phone: 0208 725 1919 or email: marielouise.turner@stgeorges.nhs.uk

*The weekend is suitable for people with mobility issues and some disabilities. Please check with your young adult worker for more detailed information.



It's that time again..
The Young Adult Activity Weekend!
September 2017

Open to all kidney patients between 18 and 30 years old.

An opportunity to meet other young adults from across the UK and enjoy a wide range of activities.

This year we are moving to a new youth hostel so as to make the weekend more suitable for young people with mobility issues and some disabilities.

If you have any questions please get in contact !
This year we are opening up to even more hospitals which means places will fill up fast!
Reserve your place now.

The St George's Kidney Patients Association Annual General Meeting (AGM) will be taking place as follows:

When: Saturday 20th May 2017, 11am – 1.00pm

Why: H4.18c & 18d, Hunter Wing, St George's Hospital, Tooting, SW17 0QT.

Agenda: Discuss the current renal service situation, future plans and elect a new committee.
Have your say!

We want to hear your views on what we see as a momentous year in the life of the hospital trust and for renal patients. In the last year the hospital has had its renal services:

- Rated "Excellent" by the Care Quality Commission (CQC)
- Praised in peer reviews (other hospitals)
- Achieved some of the best patient outcomes nationally for dialysis and transplant survival

Meanwhile, the St George's KPA has continued to pay for TV services on the ward and has made its largest donation to fund the replacement of the laparoscopic stack used in the live donor transplantation programme. At the same time the renal service has had to:

- Move from Knightsbridge wing, including Norman Tanner, Buckland ward and the Transplant clinic.
- Relocate various teams across the entire hospital estate, improving the quality of buildings but at the expense of space and hence service capacity and efficiency.
- Significantly disrupt the lives of haemodialysis patients by moving most to different time slots in satellite centres, introducing the truck at the hospital and closing the hospital to new dialysis patients.

The hospital management is now considering what to do next and this will certainly involve closer cooperation with Epsom & St Helier's Trust.

This is **your** Association and we need you to all come and support it at our AGM and have your say. It is also an opportunity to meet fellow patients. We must stick together to make conditions better for us all.

Looking forward to seeing you then!

Yours faithfully,

Michael Greatorex (**Chairman of the St George's Kidney Patient Association**)



When: Sunday

02 July 2017

Where: London

£10 for adults. Free for children

If you would like to take part in London Bridges Walk 2017 get in touch and we can try and get a group together!